

بِسْمِ اللَّهِ

الرَّحْمَنِ الرَّحِيمِ

**In the Name of Allah,
The Entirely Merciful,
The Especially Merciful**

Notes

Part 1

EDRIS KIBALAMA

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“Your writing is both inspirational and
motivating...”

Halima Sarki

Abuja Nigeria

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Introduction

Bismillahirrahmaanirraheem

In The Name of Allah, The Entirely
Merciful, The Especially Merciful

This is a book about Notes(Part 1)
for those who wish to benefit- by the
will of Allah

Text(Matn)

Bismillahirrahmaanirraheem

In The Name of Allah, The Entirely
Merciful, The Especially Merciful

Alhamdulillah wassalaatu wassalam
'alaa Rasuulillah

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

(Notes on) Al Usool Sunnah lil
Humeidi by Imam Humeidi(taken
from a lesson by Abu Taymeeyah)

Muhammad Ibn
Sireen(Rahimahullah)- said (to) be
careful who(m) you take your
knowledge from

Imaam Bukhaari(Rahimahullah)
used to pray Istikhaarah before
putting a hadiith into his sahih

Imam Al Humeidi was the teacher of
Imam Bukhaari and Imam
Muslim(Rahimahumullah)

*'Abdullah Ibn Zubair Al Humeidi is
the Author's name

May Allah guide us all Ameen

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

Bonus Chapter

**How to attain Barakah(from
only Allah)**

Bismillahirrahmaanirraheem

In The Name of Allah, The Entirely
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To proceed

BARAKAH

Barakah does not exist in anything except that it is increased beyond normal expectations.

If you are endowed with Barakah, you will accomplish a great deal in less time, achieve more with little/no

resources, and endure laborious activities with minimal effort.

How does one attain Barakah?

Here is the first way to attain Barakah:

1. Say Bismillah before starting:

Allah is blessed in His Essence, so
too are His Names and Attributes:

Allah says:

“Blessed is Allaah, Lord of the
worlds.”

[Surah Al-A-râf: 54]

And He(Allah) says:

“Blessed are the Names of your Lord”

[Surah Ar-Rahmân: 78]

Barakah comes from Allaah alone, so it should only be sought from Him.

This is why we mention Allaah's Name before commencing a task.

We do this before eating, drinking,
undressing, leaving and entering the
home etc etc, as taught by the
Prophet ﷺ.

Here is the second way to attain
Barakah:

2. Purify your intention

Sincere intentions increase the reward of deeds exponentially.

The Prophet ﷺ said:

“Deeds are based on intentions, and everyone will be rewarded according to their intentions.”

[Muslim]

What's more, good intentions can turn normal day to day tasks into mountains of reward.

The Prophet (ﷺ) said:

“When a man spends on his family, HOPING FOR REWARD, that is (counted as) an act of charity for him.”

[Bukhari]

Don't you not want to be rewarded
for engaging in something as
relaxing as sleeping.

Did you know that if you go to sleep
with a good intention, you will be
rewarded?

Mu'adh (رضي الله عنه) (one of the
most knowledgeable Companions of

صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ (the Prophet) (صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ)

صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ (the Prophet) (صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ) said:

“As for me, then I sleep and then get up. I sleep seeking Allah's reward for my sleep just as I seek His Reward for my standing (in the night prayer).”

[Bukhari]

This is a wide door of opportunity that extends beyond shopping and sleeping. It includes every Mubah (allowable) activity, such as eating, drinking, talking, exercising.

Here is the third way to attain Barakah:

3. Recite the Qur-aan frequently

The Qur-ān is an Attribute of Allaah.

Allah's Attributes are all blessed

Allaah('Azza wa Jall) says regarding
the Qur'ān:

“This is a Book that We have
revealed, full of Barakah...” (38:29)
[Surah Al-An`âm: 155]

Everything connected to the Qur'ān
is blessed:

1. The angel who brought it down
(Jibrael) is the best angel
2. The Messenger to whom it was
revealed (Muhammad ﷺ) is the best Messenger

3. The month in which it was revealed (Ramadhan) is the best month

4. The night in which it was revealed (Laylatul Qadr) is the best night

5. So what about the one who recites, reflects, studies, implements, and teaches the Qurān?

One of the Salaf said;

“ The more my portion of the Quran, the more the blessing in my time, and I continued to increase my portion until it reached ten Ajzaa- (chapters)”

Similarly, when Adh-Dhiyaa' Al-Maqdisi wanted to travel to seek knowledge, Ibrahim Ibn AbdilWaahid

Al-Maqdisi [D. 614 brother of
AbdulGhaniy Al-Maqdisi] counselled
him saying:

“Increase in reading the Qur-aan and
do not leave it off; for indeed that
which you seek will become easier
for you in proportion to how much
you read.”

Adh-Dhiyaa' said: "So I saw that and experienced it a lot; whenever I read a lot, it would become easier for me to listen to and write down a lot of hadeeth, and if I did not read, it would not be easy for me." [Dhayl Tabaqqat Al-Hanaabilah (3/205)]

Here is the fourth way to attain Barakah:

4. Increase in Dhikr

Fatimah radhiyallahu 'anha, the beloved daughter of the Prophet ﷺ, once came and complained to her father about excessive household work and requested a slave (to assist with household chores). Her hands were blistered from grinding the flour in the mill. Later that evening, the Prophet ﷺ went to

her house. 'Alii radhiyallahu 'anhu, Fatimah's husband was also at home. The Prophet ﷺ layed down between them and asked them:

“Should I not direct you to something even better than a servant?”

“When you go to sleep say: ‘SubhanAllah’ 33 times, ‘Alhamdulillaah’ 33 times, and

‘Allaahu Akbar’ 34 times.

It will be better for you than a
slave.” [Bukhaari]

Here is the fifth way to attain
Barakah:

5. Be grateful to Allah

Be grateful to Him(Allah), and He will surely increase you...

That is what Allah promised in the Qur-ān, and He certainly does not fail in His promises.

Allah The Most High said:

“If you are grateful, I will certainly give you more.”

[Surah Ibrâhîm: 7]

Here is the sixth way to attain Barakah:

6. Asking Allah for Barakah

Allah said: سبحانه و تعالیٰ

“ When My servants ask you (...Oh Prophet) about Me: I am truly near. I respond to one’s prayer when they call upon Me.”

[Surah Al-Baqarah: 186]

سُبْحَانَهُ وَ تَعَالَى : said Allaah وَ سُبْحَانَهُ

“ Call upon Me, I will respond to
you.”

[Surah Ghâfir: 60]

Anas's mother, Umm Sulaim (may Allaah be pleased with her), said to the Prophet ﷺ ;

“ Anas is your servant, so supplicate for him”

The Prophet ﷺ said:

“ Oh Allah, increase his wealth and offspring, and bless (for him) whatever you give him”

Anas radhiyallahu 'anhu later said:

“ By Allah, my fortune is huge and my children and grandchildren are now more than one hundred.”

[Reported by Bukhari & Muslim]

Allah is The Most Generous.

He is so Generous that He will never leave you empty-handed when you call upon Him.

Even if you don't get your wishes answered(...straight away), you never walk away empty-handed.

The Prophet ﷺ said:

“ If a Muslim makes a supplication (containing nothing which is sinful

nor that which involves breaking ties of relationship), Allah will give them one of three things:

1. He will grant him his wish in this world
2. Store it for him in the Hereafter, or
3. Turn away from him an equivalent amount of evil."

Those who heard this said they
would increase in making
supplications

So the Prophet ﷺ
replied:

“Allah is more (i.e. He is more ready
to answer than they are to ask).”

[Graded 'Sahih' by Sheikh Albani in
his checking of 'Adabul Mufrad']

Here is the seventh way to attain
Barakah:

**7. Wake up early and stay
productive during the early part
of the day**

The Prophet ﷺ said:

“Oh Allah, bless my Ummah in their early mornings.”

When he ﷺ sent out a detachment(or an army), he sent them at the beginning of the day.

Sakhr ibn Wadaa'ah Al-Ghamidi (the Companion who narrated this hadeeth) was a merchant, and he would send off his merchandise at the beginning of the day; and he became rich and had much wealth.”

[Reported by Tirmidhi and others]

BENEFIT:

Abu 'Eesa At-Tirmidhi(Rahimahullah) said:

“The Hadith of Sakhr Al-Ghamidi is a Hasan Hadith. We do not know of a narration that Sakhr Al-Ghamidi reported from the Prophet ﷺ (other than this Hadith.”

Here is the eighth way to attain
Barakah:

8. Getting married

Allah : سبحانه و تعالى says

“Marry off the single among you and
those of your male and female
slaves who are fit [for marriage]. If

they are poor, Allah will enrich them from His bounty: Allah's bounty is infinite(...endless) and He is all knowing”

[Surah An-Nûr: 32]

Ibn 'Abbas radhiyallahu 'anhu commented:

“Allah encouraged with marrying (the Muslims off), and He directed this command to the free men, as well as the slaves, and promised to enrich them on the basis of that.”

[At-Tabari 17/275]

Similarly, the Prophet ﷺ said:

“There are three for whom it is a right upon Allah to help:

1. The Mujahid who fights in the cause of Allah.
2. The Mukaatab (the slave) who wants to buy his freedom

3. And the one who gets married seeking to keep himself chaste.”

[Reported by Tirmithi, graded 'Hasan' by Sheikh Albani in Saheeh Tirmithi]

Here is the ninth way to attain Barakah:

9. Honesty in Trade

Lying, cheating and false oaths are
not a profitable business

The Prophet ﷺ said:

“Both parties in a business
transaction have a right to annul it,
so long as they have not separated;

and if they spoke the truth, and
made clear the defects of the goods,
then they would be blessed in their
transaction,

but if they conceal and lie (some
facts), their transaction will be
deprived of blessing”

[Bukhaari & Muslim]

Here is the tenth way(and more) to attain Barakah:

10. Eating together

"Eat together and mention the Name of Allah over your food. It will be blessed for you"

[Reported by Abu Dawud & Ibn Majah, graded 'Hasan' by Sheikh Albani].

11. Fear of Allah(Taqwa)

... Allah The Almighty says in the Qur-ān:

“If the people of the towns had believed and had Taqwa of Allah, We would have showered them with

blessings from the heavens and earth, but they rejected the truth and so We punished them for their misdeeds”

[Surah Al-A-râf: 96]

12. Follow the Sunnah of Rasoolullah ﷺ

Ibn 'Abdil Barr rahimahullah said:

“All blessings and goodness lie in following the etiquette of Rasuulullah and obeying his command ﷺ. صلى الله عليه وسلم.

[At-Tamheed (18/ 182)]

May Allah guide us all Ameen

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salutations and peace be upon the
Prophet Muhammad, His Family, His
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Bonus Chapter

How to attain Clarity

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To proceed

Quick fix: short term solution

Take 5-HTP every now and again

Caution: Don't overdose and don't
take too frequently to avoid adverse
effects

Note: It is better for purity of body and mind to take the vegan alternative

Or if you are really a travelling health seeker or prolific health researching activist, get your hands on the actual fresh, organic *griffonia simplicifolia*; learn how to make

effective/ safe use of it, before you proceed to far.

And even further to that, plant it yourself and grow it

Long term: Permanent solution

Sequence of Steps one can take:

1. Ask your Creator(Allah for guidance)

2. Learn about your Creator(Allah) from the authentic Islamic sources: i.e. The Quran, authentic narrations of the Prophet(Peace be upon him), according to the understanding of the Companions(May Allah be pleased with them) of the Prophet(Peace be upon him)

3. Submit to your Creator Allah completely(as His completely

submitting, thankful and
worshipping slave);

a. In His Lordship

b. In Worship of Him alone(not
associating any partners at all with
him in any shape or form), in the
manner that He legislated(in His
speech- the Quran, and on the
tongue of His Messenger- peace be
upon Him- who only spoke by
revelation)

c. In His Names and attributes

4. Take ablution(ritual cleansing

wash performed before prayer)

5. Learn all the issues concerning

the Salah(it's jurisprudence/
understanding)- i.e. it's conditions,
prerequisites, it's inner dimensions,

the meanings of all that is said in the
salah etc etc

6. Be sincere and always ask Allah
for sincerity

7. Pray a prayer, having no concern
but Allah, and no concern for
anything else nor what is outside the
prayer. A prayer where you don't
intend to come out of it until your
Rabb is pleased with you and you

meet him; with all humbleness and submissiveness

8. In that state, stay in the prayer for as long as you need to, imploring your Rabb for guidance, help, support and all goodness of this world and the hereafter, especially during prostration(sujood)- keeping to the guidance of the

Prophet(Muhammad- Peace be upon him)

9. Don't leave the presence of your Rabb until you have attained the khair(good) of what you were seeking- by His permission

10. Wa allahu A'lam/ And Allah knows best

May Allah guide us all Ameen

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

Du'a

Seeking Allah's Aid

Oh my Lord(Allah), assist me and do not assist (enemies) against me,

help me and do not help (enemies) against me, plot (against others) in my favour, and do not allow others to plot against me. Guide me and make guidance easy for me. Assist me against those who transgress against me.

Oh Lord(Allah), make me grateful to You, make me one who remembers You, make me one who fears You, make me one who obeys

You, as one who is conscious of You,
remorseful and repentant.

Oh Lord(Allah), accept my
repentance, cleanse me of my
errors, accept my invocations,
establish my evidences. Guide my
heart, set straight my tongue, and
remove any malice from my heart

*Jami` at-Tirmidhi 3551 narrated
by Ibn Abbas*

Oh Allah, we ask You for the goodness of which your Prophet ﷺ had asked You.

We also seek refuge in You from the evils which Your Prophet ﷺ had sought Your refuge from.

You are the Supporter (The One
Whose help is sought) and to You do
all ordinances rest. There is no might
nor power except You.

Riyadh as-Saalihiin 1492 hadeeth
narrated by Abu Umaamah رَضِيَ اللَّهُ عَنْهُ

Supplicating for goodness

Oh Allah: I ask You (for the grant of)
righteous deeds, shunning of evil,
and love for the poor.

Forgive me and be merciful to me.
When you wish trial for a group of
people, (take me) unaffected.

FINAL WORD

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May Allah guide us all Ameen

Edris Kibalama

[Slave of Allah](#)

***"That little seed of hope that will
never give up hope of life until the***

***luscious fruit tree it's meant to be will
be- in Shaa Allah/By the will of Allah"***



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Email:edris@edriskibalama.com

Assalam 'aleikom/ Peace be
upon you